

SUPPORTING WEIGHT LOSS SUPPLEMENTS

DHEA

Inhibits enzyme that is involved in fat production. Studies using this hormone have found that it boosts the burning of fat. *Suggested Dosage: 3 grams daily.*

VITAMIN C WITH BIOFLAVONOIDS

May theoretically reduce obesity by increasing cellular energy consumption through increasing sodium pump activity. *Suggested Dosage: 1,000 to 3,000 mg per day.*

L-TYROSINE

Suppresses cravings and has antidepressant qualities. Raises serotonin and other brain neurotransmitters to help discourage eating. *Suggested Dosage: Take as directed on an empty stomach or with fruit juice.*

VITAMIN D

People with weight problems are often low in circulating levels of vitamin D. *Suggested Dosage: Take as directed.*

DMAE

DMAE is effective for fat burning, because of its activity as a precursor to acetylcholine. It is also beneficial when used for anti-inflammatory purposes. DMAE causes a thermogenic effect in the body, meaning it helps to increase metabolism. This is important for people desiring to lose weight, because an increased metabolism causes more rapid calorie burn. The majority of people who take DMAE also experience increased energy, which helps with weight loss. Increases vitality. *Suggested Dosage: Take as directed.*

KELP

Contains balanced minerals and iodine. Aids in weight loss. *Suggested Dosage: Take as directed.*

SPIRULINA

Excellent sources of usable protein. Contains needed nutrients and stabilizes blood sugar. Can replace a meal. *Suggested Dosage: Take as directed 3 times daily. Take between meals.*

LECITHIN

A fat emulsifier; breaks down fat so it can be removed from the body. *Suggested Dosage: 1,200 mg 3 times daily.*

L-ARGININE and L-CARNITINE

An amino acid that decrease body fat. *Suggested Dosage: 500 mg each before bedtime as directed on the label.*

ESSENTIAL FATTY ACIDS (Flaxseed oil, Omega 3-6-9)

Use with a low-fat diet to provide essential fatty acids, needed by every cell in the body and for appetite control. Assists with weight loss. *Suggested Dosage: Take as directed.*

VITAMIN B COMPLEX

Needed for proper digestion. (B₂ required for efficiency in burning calories. B₃ lessens sugar cravings. B₆ Boosts metabolism. B₁₂ Needed for proper digestion and absorption. *Suggested Dosage: 3 times daily.*

ZINC

Enhances the effectiveness of insulin and boosts immune function.. *Suggested Dosage: 80 mg daily.*

WHY WEIGHT?

LOOK GOOD
FEEL GREAT
WEIGHT LOSS
ALL NATURAL
BETTER HEALTH



FAST BURNER PACKAGE \$280

- 12 Whole Body Vibration Sessions
- 2 Derosonic Cellulite Reduction Treatments
- 1 Body Wrap Treatment
- 4 FAR Infrared Heat Tummy Wraps
- 1 Ion Foot Detox Treatment
- Fat Complex Fat Resistor
- Thermo X Fat Burner
- Glucosamin Stomach Filler

Tel: 347-4141

Natural Health Center, 100 E. Angelle St., Carencro



QUICK WEIGHT LOSS SUPPLEMENTS

THERMO-X	FAT COMPLEX	GLUCOMANNAN														
<p>Supplement Facts Serving Size: 1 Vegetarian Tablet</p> <table border="1"> <thead> <tr> <th>Amount Per Serving</th> <th>% Daily Value</th> </tr> </thead> <tbody> <tr> <td>Proprietary Blend 950mg (guarana seed extract, citrus aurantium (6% synephrine) (fruit), green tea extract (leaf), panax ginseng (root), garcinia cambogia extract (60% HCA) (fruit), white willow bark, bee pollen, vanadium (as vanadyl sulfate))</td> <td>*</td> </tr> </tbody> </table> <p>* Daily Value not established</p> <p>Other ingredients: Dicalcium phosphate, modified cellulose, croscarmellose sodium, microcrystalline cellulose, stearic acid, magnesium stearate, vegetable coating.</p>	Amount Per Serving	% Daily Value	Proprietary Blend 950mg (guarana seed extract, citrus aurantium (6% synephrine) (fruit), green tea extract (leaf), panax ginseng (root), garcinia cambogia extract (60% HCA) (fruit), white willow bark, bee pollen, vanadium (as vanadyl sulfate))	*	<p>Supplement Facts Serving Size: 3 Capsules Servings Per Container: 40</p> <table border="1"> <thead> <tr> <th>Amount Per Serving</th> <th>% Daily Value</th> </tr> </thead> <tbody> <tr> <td>Chitosan (as LipoSan Ultra™) 1050mg</td> <td>*</td> </tr> <tr> <td>Psyllium husks (seed) 150mg</td> <td>*</td> </tr> </tbody> </table> <p>* Daily Value not established</p> <p>Other ingredients: Gelatin, stearic acid, silicon dioxide, magnesium stearate, magnesium silicate.</p> <p>Contains shellfish (shrimp, crab, lobster) ingredients.</p>	Amount Per Serving	% Daily Value	Chitosan (as LipoSan Ultra™) 1050mg	*	Psyllium husks (seed) 150mg	*	<p>Supplement Facts Serving Size: 2 Capsules Servings Per Container: 30</p> <table border="1"> <thead> <tr> <th>Amount Per Serving</th> <th>% Daily Value</th> </tr> </thead> <tbody> <tr> <td>Glucosaminan 1200mg</td> <td>*</td> </tr> </tbody> </table> <p>* Daily Value not established</p> <p>Other ingredients: Rice flour, gelatin, stearic acid, magnesium stearate, silica.</p>	Amount Per Serving	% Daily Value	Glucosaminan 1200mg	*
Amount Per Serving	% Daily Value															
Proprietary Blend 950mg (guarana seed extract, citrus aurantium (6% synephrine) (fruit), green tea extract (leaf), panax ginseng (root), garcinia cambogia extract (60% HCA) (fruit), white willow bark, bee pollen, vanadium (as vanadyl sulfate))	*															
Amount Per Serving	% Daily Value															
Chitosan (as LipoSan Ultra™) 1050mg	*															
Psyllium husks (seed) 150mg	*															
Amount Per Serving	% Daily Value															
Glucosaminan 1200mg	*															

THERMO-X FAT BURNER is a unique, ephedra-free combination of herbs and nutrients formulated to support healthy energy levels and healthy weight maintenance. Thermo X is available in 60 count vegetarian tablets.

Our Thermo X Fat Burner is a unique, ephedra-free combination of herbs and nutrients formulated to support healthy energy levels and healthy weight maintenance. Thermo X was developed for those who desire a high-energy thermogenic formula, metabolism tablets that stimulates your metabolic rate and promotes fat loss without the use of ephedra or ephedrine alkaloids. Your metabolic rate sets the pace for how fast your body burns calories; you can influence this with the supplementation of the unique blend of ingredients available in Thermo X Fat Burner.

- **Garcinia Cambogia.** Researchers theorize that HCA, or hydroxycitric acid, is the active constituent in Garcinia. Studies indicate that HCA may support healthy cholesterol balance, healthy appetite, healthy weight maintenance, and the healthy conversion of carbohydrates to fat.
- **Green Tea** Green tea contains several compounds that have antioxidant and potential thermogenic properties. The active constituents are the polyphenols called catechins and tannins. The catechin epigallocatechin gallate (EGCG) may be a much more potent antioxidant than both Vitamin C and E.
- **Guarana Seed Extract** Guarana (pronounced gwa-ra-naa) is a berry that grows in Venezuela and the northern parts of Brazil. The main ingredient of Guarana is Guaranine, which is chemically identical to caffeine. This is the reason for the energy boost people get after taking Guarana.
- **Citrus Aurantium** Citrus Aurantium is widely used for stimulating the breakdown of fat by causing the release of noradrenaline (a stress hormone) at beta-3 receptor sites creating chemical reactions that increase fat breakdown. Beta-3 receptors in the body increase the rate at which fat is released from the body stores (lipolysis) and increase resting metabolic rate (thermogenesis). Physical activity will increase this thermogenic effect and further enhance the thermogenic effect of Citrus Aurantium towards healthy and permanent weight loss.
- **Panax Ginseng** Ginseng is considered to be an adaptogen (a therapeutic and restorative tonic generally considered to produce a balancing effect on the body) and is believed to have many tonic properties. Panax Ginseng plant has been used for thousands of years in Traditional Chinese Medicine. The plant part used is the root and the active constituents are ginsenosides.
- **White Willow Bark** White Willow is also thought to help support a healthy inflammatory response.

- **Bee Pollen Wholegrain** Bee Pollen is a superbly nutritious product collected by honeybees from the beehive and used world-wide as an energy boosting supplement. Bee Pollen is not just about energy however. Providing a vast array of vitamins and minerals, Bee Pollen may provide a tremendous range of health benefits. It is used to suppress food, nicotine, and caffeine cravings, regulate weight, combat allergies, and fight chronic fatigue. Bee Pollen may also help reduce the effects of stress and aid digestive system function.
- **Vanadium** Vanadium is a trace mineral that was discovered to be essential to human nutrition in the 1970s. Recently, it has gained attention because it may support healthy blood sugar balance. Vanadium may also play a role in building strong bones and teeth, and it may support healthy cholesterol levels.

FAT COMPLEX

- Chitosan may have the unique ability to bind to fats in the stomach, thus preventing the fats from being absorbed into the body.
- Psyllium husks are pure dietary fiber and they are not digested in the small intestine, but are partially broken down in the colon, where they act as a food source for friendly flora. Mostly, Psyllium acts as a sponge in the intestinal tract, swelling as it absorbs water and waste material in the bowels. This forms a soft, bulky mass that passes through the colon more quickly (keeping potentially toxic waste moving in the colon) and evacuates more smoothly and easily

GLUCOMANNAN

- As a carbohydrate that cannot be absorbed, this compound can absorb 50 to 200 times its weight in water and acts as a good colon cleanse and fiber source. Due to Glucosaminan's expanding properties, it can be useful in promoting a feeling of fullness thereby resulting in people eating less. By expanding in the stomach, Glucosaminan can be useful for people trying to lose weight. Fiber-containing foods are also known to support healthy cholesterol balance, and regularity. When Glucosaminan is placed in water, it can swell up to 17 times its original volume which makes it effective & convenient as a fiber supplement. Our Glucosaminan is available in 1,200 mg capsules.

QUICK WEIGHT LOSS SUPPLEMENT PACKAGE
\$105.00

